



## Ovingham Middle School Subject Overview Year 7

	1	1.5	2	2.5	3	3.5
Topic	<b><u>Invasion Games</u></b> <b>Boys-</b> Football and Hockey <b>Girls:</b> Netball and Hockey	<b><u>Invasion and Healthy Active Lifestyles</u></b> <b>Boys:</b> Rugby and TGfU <b>Girls:</b> Football and TGfU	<b><u>Net/wall and Invasion games</u></b> <b>Boys &amp; Girls:</b> Volleyball, Badminton and American Football	<b><u>Gymnastics &amp; Invasion</u></b> <b>Boys:</b> Gymnastics and Basketball <b>Girls:</b> Gymnastics and Health related Fitness	<b><u>Striking and Fielding, Athletics</u></b> <b>Boys &amp; Girls:</b> Kwik Cricket and Quad Kids Athletics	<b><u>Summer Sports and Athletics</u></b> <b>Boys and Girls</b> Rounders, Tennis and Athletics
Areas of curriculum covered	During PE and games lessons students begin to secure, refine and master skills learnt previously. Students will deliver warm ups and small drills to develop their confidence as a leader in lessons. They will continue to apply these leadership skills throughout the school year.	This half term we will begin to secure and master skills of invasion games. Boys will move on to develop skills learnt in tag rugby and progress in to transitional/contact play. Students will be introduced to the games for understanding (TGfU) unit in PE which presents the importance of implementing strategies and tactics which are transferable across a range of UK and foreign sports.	All students will develop understanding of and implement rules by officiating games in Volleyball and replicate skills during competitive games. Boys and girls will be given an option between Badminton and American Football. As well as individual skills these sports provide a fundamental approach to teamwork and communication.	In gymnastics children use skills individually, in combination and in sequence, with the aim of showing as much control and precision as possible on floor and apparatus. Students will be presented with opportunities for Making Informed Choices about Healthy, Active Lifestyles and alternative forms of exercise.	<b><u>Striking/Fielding Games</u></b> are activities in which players score points by striking an object and running to designated playing areas to score or prevent opponents from scoring by retrieving the object and returning it to stop the play. <b>Tennis:</b> students will develop hand eye coordination and shot selection. By playing these games students will make and apply decisions and tactics in order to deceive and outwit their opponents to increase opportunities to score. In <b>Athletics</b> students will develop, secure and master techniques needed for all events with a greater emphasis of refining skills. Students will observe professional athletes and analyse the finer details of performance in order to provide feedback to others and reflect on their own performance. Students will set targets to help improve over time.	
Links To RRSA	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31

Please be aware that each class is unique and although the above planning will be followed as close as possible, at times, and with individual classes, we may deliver deeper, extended learning into a topic, move faster to another topic or go slower to make sure we have clarified learning.

If you are in any doubt or have any specific questions about this subject please contact the subject coordinator : Mr Davies