

## Ovingham Middle School Subject Overview Year 5



	1	1.5	2	2.5	3	3.5
Topic	<b><u>Invasion Games</u></b> <b>Boys-</b> Football and Hockey <b>Girls:</b> Netball and Hockey	<b><u>Invasion and Healthy Active Lifestyles</u></b> <b>Boys:</b> Tag Rugby and TGfU <b>Girls:</b> Health Related Fitness and TGfU	<b><u>Net/wall and Invasion games</u></b> <b>Boys &amp; Girls:</b> Volleyball, Badminton and American Football	<b><u>Gymnastics &amp; Invasion</u></b> <b>Boys:</b> Gymnastics and Basketball <b>Girls:</b> Gymnastics and Football	<b><u>Striking and Fielding, Athletics</u></b> <b>Boys &amp; Girls:</b> Kwik Cricket and Quad Kids Athletics	<b><u>Summer Sports and Athletics</u></b> <b>Boys and Girls</b> Rounders, Tennis and Athletics
Areas of curriculum covered	During PE and games lessons students will be taught the basics of invasion games in order for students to acquire select and apply skills.  We teach the basic rules, skills and tactics for these games, building on any past experiences they may have gained.	This half term we will continue to familiarise students to the basics of invasion games and build on previous experiences they may have gained. They will learn various ways to lead an active healthy lifestyle by completing a health related fitness unit, which will contain methods of physical exercise they can complete outside of the classroom with minimal/no equipment needed. Students will be introduced to the games for understanding (TGfU) unit in PE which presents the importance of implementing strategies and tactics in a range of UK and foreign sports.	All students will learn the basic skills and rules which consist in Volleyball. Boys and girls will be given an option between Badminton and American Football. As well as individual skills these sports provide a fundamental approach to teamwork and communication.	In gymnastics children use skills and agility individually, in combination and in sequence, with the aim of showing as much control and precision as possible on floor and apparatus. Basketball and Football make up sports in games.	<b><u>Striking/Fielding Games</u></b> are activities in which players score points by striking an object and running to designated playing areas to score or prevent opponents from scoring by retrieving the object and returning it to stop the play. By playing these games, participants will learn the key skills and tactics for games such as Cricket, Rounders and Softball. <b>Tennis:</b> students will develop hand eye coordination and shot selection. By playing these games students will make and apply decisions and tactics in order to deceive and outwit their opponents to increase opportunities to score. <b>Quad Kids</b> offers a team based approach to athletics where the accumulation of points in adapted/shortened version of regular events. Students will learn fundamental skills and techniques needed for throwing, jumping and running events.	
Links To RRSA	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31	Articles 2, 3, 6, 12, 13, 15, 23, 28, 29, 30,31

Please be aware that each class is unique and although the above planning will be followed as close as possible, at times, and with individual classes, we may deliver deeper, extended learning into a topic, move faster to another topic or go slower to make sure we have clarified learning.

If you are in any doubt or have any specific questions about this subject please contact the subject coordinator : Mr Davies